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Inflammation and Chronic Disease Arch Mainous

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one of the most important medical discoveries of the past several decades has been that inflammatory processes are involved in not just a few select disorders but a wide variety of mental and physical health problems inflammation is directly linked to morbidity and mortality some estimates suggest that inflammation plays a key role in ischemic heart disease stroke cancer diabetes mellitus chronic kidney disease non alcoholic fatty liver disease nafld and autoimmune and neurodegenerative conditions understanding the role of inflammation has helped us better understand many chronic diseases their progression and potential prevention for example substantial advances in basic and experimental science have illuminated the role of inflammation and the underlying cellular and molecular mechanisms that contribute to atherogenesis and atherosclerosis on a more clinical level population based studies have demonstrated that baseline c reactive protein crp levels predict future cardiovascular events

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