

# Foundations Of Chinese Medicine

## Maciocia

Fundamentals of Chinese Medicine A Brief History of Chinese  
Medicine Essentials of Chinese Medicine Essence Of Traditional  
Chinese Medicine Essentials of Chinese Medicine The Practice of  
Chinese Medicine E-Book A Materia Medica for Chinese Medicine E-  
Book Pocket Atlas of Chinese Medicine Comprehensive Guide To Chinese  
Medicine, A (Second Edition) Traditional Chinese  
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Chinese Medicine Chinese Medicine and Healing History Of Medicine In  
Chinese Culture, A (In 2 Volumes) Fundamentals of Chinese  
Medicine Theory Of Chinese Medicine, The: A Modern  
Interpretation Traditional Chinese Medicine Principles of  
Traditional Chinese Medicine Guide to Traditional Chinese  
Medicine Routledge Handbook of Chinese Medicine Guangren Sun Peng  
Yoke Ho Zhanwen Liu Wenjun Zhu Zhanwen Liu Giovanni Maciocia Carl-  
Herman Hempen Marnae C. Ergil Ping-chung Leung Big Leung Claire  
Monod Cassidy Paul U. Unschuld TJ Hinrichs Boying Ma East Asian  
Medical Studies Society Hai Hong Yuqun Liao Xu Xiangcai Raymond R.  
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the fundamentals of chinese medicine is an international collaboration of chinese medicine experts from both china and the west and co written by an experienced practitioner who has been teaching the subject in western schools this book covers the theory of traditional chinese medicine and discusses the topic in greater depth than any english language textbook available today an abundance of classical references are also included here the material in this text comprises course material for a professional course of training in tcm which is also the basic material for studying and comprehension of other more advanced courses in tcm the main contents include the physiological basis of essence qi yin yang and the five phases followed by the theories of essence qi and blood fluids and spirit organ manifestation channel and collateral theory constitutional theory etiology and patho mechanism and also principles of prevention and treatment are expounded upon the knowledge in this textbook is approximately equal to that for students of tcm colleges in china and coincides with the requirements in the examination syllabus for tcm professional practitioners worldwide

this brief discourse is an introduction to the historical development of medicine in china whose influence on korea japan and southeast asia was profound and even reached far west into the islamic world the authors wish to make the interested reader aware of china s rich contribution to the world growth of the medical sciences too often the view has been taken that the history of medicine began with the discoveries of the greeks and those ancient nations from whom they learnt the authors want to redress this view and acquaint readers with a glimpse of the concepts and history of chinese medicine and hope that they will feel encouraged to delve deeper this volume is a compact tantalizing excursion through centuries of medical tradition in a range of cultures it does make a long complex and fascinating history accessible to medical professionals and students of chinese

history who may be tempted to delve further into this rich and interesting field american journal of chinese medicine if you want a concise easy to read easy to absorb summary of events and trends from the 29th century bc to the present this compact book will comfortably and quickly answer many questions american journal of acupuncture concepts of chinese science and traditional healing arts gives an especially useful account of the historical achievements of chinese medicine far eastern economic review

the essentials of chinese medicine is a text book intended for international students who wish to gain a basic understanding of chinese medicine cm at the university level the idea of writing such a text was originated from the sino american consortium for the advancement of chinese medicine sacacm which was founded in february 2000 in 1995 the british hong kong administration set up a preparatory committee for the development of chinese medicine to look into ways of bringing chinese medical practice and herbal trade under proper control and r ulation after the reuni cation of hong kong with mainland china in 1997 the government of the hong kong special administrative region continued the efforts to uplift the practice of cm to a fully professional level through legislation to help bring up a new generation of professional cm practitioners the hong kong baptist university hkbu obtained approval from the government s univ sity funding authority to develop a school of chinese medicine to prepare students who will meet the future professional requirements through public examinations in order to establish itself quickly as a rigorous provider of university level cm education hkbu sought alliance with eight major cm universities in the chinese mainland and one us university which was interested in developing cm edu tion within its medical college as a result the consortium known as sacacm was formed with ten founding institutions from beijing shanghai nanjing sh dong guangzhou chengdu heilongjiang hong kong and the united states

the ancient art of chinese medicine is known throughout the world for its unique methods of diagnosis and treatment to many its image is that of an esoteric art essence of traditional chinese medicine provides a comprehensive and in depth coverage of

traditional chinese medicine tcm topics ranging from theories practical experience and traditional material to modern technology offer a good foundation for understanding tcm diagrams and illustrations enhancing understanding of the text the practical aspect is made relevant and applicable stories of famous physicians are put across in a lively manner all these make this book an easy and informative read this book illustrates in an easy to understand format its fundamental concepts and history

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use traditional chinese medicine in diagnosing and treating disease maciocia's the practice of chinese medicine 3rd edition describes how to apply tcm theory to the diagnosis and treatment of disorders and conditions frequently encountered in practice

covering common chronic and acute conditions maciocia s provides guidelines to treatment with both acupuncture and chinese herbs case studies offer real world insights into determining effective treatment care from an expert team of editors who were close to the late giovanni maciocia and who practice the maciocia way this practical illustrated text makes it easier to apply tcm in western medical practice coverage of traditional chinese medicine includes the diagnosis and treatment of 48 common diseases conditions and disorders discussion of aetiology pathology and differential diagnoses according to tcm is provided for each disease condition and disorder unique summaries of western differential diagnoses provide alternative treatment options coverage of treatments includes acupuncture and herbs with explanations of choices reviews of clinical trials and modern chinese literature report the experience of noted doctors of chinese medicine practical appendices include identification of patterns according to the six stages the four levels and the three burners prescriptions and suggested substitutions of chinese herbs english pinyin glossary of chinese terms is included new and unique clinical tips provide practical guidelines to diagnosing and treating diseases new and unique red flags list symptoms that may necessitate a referral to a western physician new updated clinical trials and references are added new updated western differential diagnosis sections are added new discussion on sexuality in chinese medicine is added new additional tongue photos aid in diagnosing diseases based on chinese medicine protocols new updated full color photos are added new four new appendices are added for a total of 10 appendices new reorganization of material provides easier access to key topics

phytotherapy or herbal medicine is the most important therapy within chinese medicine and is being used increasingly in the west a materia medica for chinese medicine plants minerals and animal products describes 400 of the most important plants minerals and animal substances used as treatments by chinese medical practitioners the items included have been selected according to their degree of clinical relevance each remedy is clearly described and illustrated on two facing pages making this an easily accessible reference for both students and practitioners of chinese herbal medicine the clearly laid out text presents the

following details for each herb or substance included a detailed description of the characteristic features indications for safe use medicinal and toxic effects possible combinations with other substances full colour illustrations generally two for each substance showing the detailed characteristics of the item described a materia medica for chinese medicine has been written by two medically trained doctors who have worked as tcm therapists specializing in the use of chinese herbs for more than 30 years based on their many years of teaching and practice the book has been carefully compiled and designed to provide a concise and accurate practice based reference for both students and practitioners

superbly illustrated one volume source on all aspects of chinese medicine award winner pocket atlas of chinese medicine has won first prize at the association of american publishers prose awards and been recognized as the best nursing and allied health text published in 2009 a traditional medicine with up to date applications chinese medicine is gaining steady acceptance throughout the world in this exquisitely illustrated pocket atlas of chinese medicine written by a renowned team of international experts readers will find a concise yet comprehensive synopsis of the entire field from the clinical practice of acupuncture and moxibustion to chinese herbal medicine and nutrition therapy tai ji qi gong and tuina the book offers a deep understanding of the underlying theory characteristics and fundamental concepts of chinese medicine as well as its philosophical and cultural basis for those needing a single volume overview of this broad and multifaceted field this book is unrivalled highlights full coverage of the basic tenets of chinese medicine from its historical roots to modern scientific research methods and findings informative chapter on diagnosis in chinese medicine practical discussion of chinese herbs and their usage including formulas for various common ailments insights from leading specialists on their respective disciplines proven pocket atlas format with double page spreads and juxtaposition of text and related photographs drawings and charts for easy comprehension more than 150 beautifully detailed full color illustrations demonstrating key models pocket atlas of chinese medicine is a must have resource for students and

practitioners of chinese medicine acupuncture and complementary medicine including medical doctors in acupuncture training general physicians interested in expanding their services will also benefit from the wealth of information in this practical guide

the second edition of this book is a rearranged and enriched version of the previous edition composed of feedback and constructive comments from readers acupuncture is the most popular form of treatment in chinese medicine the theories and practice of acupuncture have been revised and rewritten to give readers a clear idea of how it works and when it is to be utilized botanicals i e herbal medicine form the major core of chinese medicine practice the potential of botanicals development is wide from casting specific biological activities to preventive uses three new chapters are offered i for the understanding of the biological activities of herbal medicine ii the products produced from herbs for specific needs and iii the individual s choice for what may suit him her best in this present era of information technology readers should be guided on the use of the internet and related areas in order to independently secure information for personal use and research needs the last chapter is provided for this practical purpose since the publication of the first edition much development has occurred in the field of chinese medicine all the chapters have been updated and revised accordingly so that general readers those looking for effective treatment as well as those who want to serve their patients better can have a reliable comprehensive reference

traditional chinese medicine tcm is a great treasure of china s ancient history and culture written for health professionals researchers social scientists and educators this book elaborates a view that tcm is embodied in diverse and complex human dimensions and meanings in chinese culture encircling cultural meaning includes the tcm concept qi the holistic approach which embodies culture in medicine the book identifies intricate human dimensions of tcm in the life stages of youth adulthood and old age as family connections as identity as balancing harmonising life as complementary and knowledge transmission roles in particular tcm is seen through the lens of leadership as refining human

relationships as self as moral practice as good management practice and as embracing the cultural environment underlying these categories shared meanings are revealed as well as core values and health beliefs in chinese culture the complex human dimensions of tcm are shown to be deeply rooted in social cultural and historical contexts in the chinese diaspora the spirit of chinese culture its human centredness conceptions of leadership in traditional chinese medicine tcm for youth adults and the elderly tcm in family connectedness chinese identity body image and gender balance harmony knowledge underlying beliefs and roles social cultural significance the author draws from and extends her phd research on lived chinese experiences and conceptions of tcm across diverse individuals populations two focus groups in australia and three focus groups in macau and hong kong encircling cultural meaning reveals rich and profound values in chinese culture manifested at all levels of life including the reciprocal care of filial piety trust respect considerations for others the quest for self understanding and the strive for peace and harmony these inner virtues in human relationships offers a soothing refuge and solution to the modern world which is often punctuated with imbalance the overdependence on material acquisition distrust violence and man s inhumanity towards man

contemporary practice of acupuncture and oriental medicine explores the theory and practice of oriental medicine explaining what oriental medicine is and how it works it discusses the effectiveness of oriental medicine in treating a number of common disorders including pain control substance abuse asthma digestive disorders women s reproductive health hiv depression cns malfunctions and more this text gives the reader an introduction to the ancient theoretical foundations of chinese medicine along with glimpses into what a day in the life of a modern practitioner is actually like part of the medical guides to complementary and alternative medicine series this book was written with the traditional health care provider in mind

a leading authority explains the ideas and practice of chinese medicine from its beginnings in antiquity to today paul u unschuld describes medicine s close connection with culture and politics



throughout chinese history he brings together texts techniques and worldviews to understand changing chinese attitudes toward healing and the significance of traditional chinese medicine in both china and the western world unschuld reveals the emergence of a chinese medical tradition built around a new understanding of the human being considering beliefs in the influence of cosmology numerology and the supernatural on the health of the living he describes the variety of therapeutic approaches in chinese culture the history of pharmacology and techniques such as acupuncture and the global exchange of medical knowledge insights are offered into the twentieth century decline of traditional medicine as military defeats caused reformers and revolutionaries to import medical knowledge as part of the construction of a new china unschuld also recounts the reception of traditional chinese medicine in the west since the 1970s where it is often considered an alternative to western medicine at the same time as china seeks to incorporate elements of its medical traditions into a scientific framework this concise and compelling introduction to medical thought and history suggests that chinese medicine is also a guide to chinese civilization

in covering the subject of chinese medicine this book addresses topics such as oracle bones the treatment of women fertility and childbirth nutrition acupuncture and qi as well as examining chinese medicine as practiced globally in places such as africa australia vietnam korea and the united states

this book set covers the last 3000 years of chinese medicine as a broadly flowing river from its source to its mouth it takes the story from the very beginnings in proto scientific china to the modern age with a wealth of historical and cultural detail it is unique in presenting many anecdotes sayings and excerpts from the traditional classics the content is organized into four parts part one focuses on the medical activities in chinese primitive society and the characteristic features of the witchcraft stage of medicine part two traces the progress of chinese medicine as it entered the stage of natural philosophy it also discusses how other aspects of philosophy religion and politics influenced chinese medical theory and practice at the time chinese medicine

having a kind of social existence was also impacted by the natural and social environment and multiple cultural factors some of these factors are discussed in part three the last part concludes by examining the cultural process of chinese medicine in history and offers a glimpse into the future of chinese medicine

this path breaking book reinterprets chinese medicine using the approach of the philosophy of science in a manner that strikes common ground with biomedical science it strips chinese medical theory of the mystique and metaphysical pretensions that too often plague the discipline presenting this theory as being derived from empirical observations and clinical findings concepts like qi and phlegm and vital organs like the shen kidney are interpreted not as physical entities with defined measurable properties but as constructs to facilitate the application of models for diagnosis and therapy the author evaluates the five element model and the diagnostic therapeutic paradigm of chinese medical syndromes and suggests how these heuristic models can be subjected to clinical trials principles governing the use of herbal acupuncture tuina and qigong therapies are elucidated and critically examined written for medical professionals philosophers of medicine and discerning readers interested in alternative therapies the book also has practical chapters on the placebo effect and chinese medical treatment of chronic illnesses and a useful compilation of common chinese herbs and formulations

an illustrated introduction to the history and theory of traditional chinese medicine exploring diagnostic methods and techniques such as acupuncture

wisdom from the east for living in the west discover the foundation behind this fascinating system of holistic health based on several thousand years of real clinical experience traditional chinese medicine tcm is a unique comprehensive and scientific system maintaining that the root of a disease must be found and that a patient must be treated according to their whole being as well as their surrounding natural conditions viewing the human as a single integrated entity that relates with nature tcm maintains that the human body is affected by any changes that occur in

nature and must be treated as such since its beginnings not only has tcm been well preserved and documented but it has also been continuously developing and growing having remarkable curative abilities and few side effects it is an effective means to prevent and treat diseases and to keep yourself strong and healthy principles of traditional chinese medicine is systematic concise practical and easy to read originally published in china this re edited edition the 3rd book in our practical tcm series will provide you with the principles of diagnosis treatment and prevention of diseases discover the principles of treatment and prevention of diseases learn essential primary theories such as yin and yang and the five elements theory as well as their use in clinical applications discover the foundations for diagnostic methods essential for today s alternative health library

a guide to the various techniques of chinese medicine including acupuncture herbal medicine zang fu and more

the routledge handbook of chinese medicine is an extensive interdisciplinary guide to the nature of traditional medicine and healing in the chinese cultural region and its plural epistemologies established experts and the next generation of scholars interpret the ways in which chinese medicine has been understood and portrayed from the beginning of the empire third century bce to the globalisation of chinese products and practices in the present day taking in subjects from ancient medical writings to therapeutic movement to talismans for healing and traditional medicines that have inspired global solutions to contemporary epidemics the volume is divided into seven parts longue durée and formation of institutions and traditions sickness and healing food and sex spiritual and orthodox religious practices the world of sinographic medicine wider diasporas negotiating modernity this handbook therefore introduces the broad range of ideas and techniques that comprise pre modern medicine in china and the historiographical and ethnographic approaches that have illuminated them it will prove a useful resource to students and scholars of chinese studies and the history of medicine and anthropology it will also be of interest to practitioners patients and specialists wishing to refresh their knowledge with the latest

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