

Proposal For The 2004 Hypnobirthing Conclave

Hypnobirthing Marie Mongan
Hypnobirthing *Marie Mongan*

the breakthrough approach to a safer easier more comfortable birthing hypnobirthing is a celebration of life and does not need to be feared in embracing a natural birth a mother will discover a closer connection with their pre born baby and will build a better understanding of the baby as a conscious little person who can interact with you even before birth marie mongan explodes the myth of pain as a natural accompaniment to birth including techniques for relaxing the mind during birth allows the body to work using the hypnobirthing method will lead to a happy and comfortable pregnancy and provide a life changing experience for the life of the new family

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