

# The Cancer Book

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written in non technical language this book helps the reader understand the basic nature and causes of cancer as well as the principles underlying current strategies for cancer prevention and treatment by presenting an overview and perspective of both the basic and practical aspects of cancer including the background needed to understand continuing advances in the field the book is fascinating reading and an ideal book for everyone interested in the subject

ten year old shannon chamberlain describes in abc format her bout with cancer concludes with a discussion of childhood cancer suggested reading list glossary and resource guide

this comprehensive guide delivers informed hope along with effective tools for reclaiming your vitality in the midst of cancer treatment healing and recovery when you or a loved one is faced with a cancer diagnosis the need for accurate and trusted medical information becomes urgent naturopathic physician lise n alschuler and medical journalist karolyn a gazella present an overview of what cancer is its causes and preventative strategies an in depth approach to integrative treatment options descriptions of key body functions and discussions of more than twenty specific cancers the definitive guide to cancer now in its third edition encourages you to take an integrative approach that embraces both alternative and conventional therapies across the spectrum of cancer prevention treatment and healing

scientists are testing an arsenal of drugs that could prove to be the most potent weapons in the fight against cancer chemopreventive drugs that can actually stop the cancer process from starting in this urgent yet immensely hopeful book two highly respected physicians one of them a cancer survivor herself report on the recent dramatic breakthroughs in combating the disease that now ranks as our nation s 1 killer and they outline an exclusive 7 step plan for reducing one s cancer risk whether the goal is to avoid ever getting cancer to arrest precancerous changes or to prevent a recurrence people will turn to this book for news they can use

lauren sompayrac explains the basics of cancer what it is what it does and what is being done to try to cure it

an authoritative handbook covering the management of all types of cancer with an emphasis on those aspects of care of the cancer patient which are of particular interest in the community for example the presentation of cancer and palliative care the specialist management of different types of cancer is also covered with particular regard being paid to the requirements of shared care in the community and the supportive care needed for the treatment of side effects and complications

superb this thoroughly delightful book explores explains and puts in context our biggest fear our own mortality the very word cancer evokes a primal fear that we are all mortal and will at some point die my own experience on a personal level with cancer access ports chemotherapy radiation therapy and major surgery was very sobering dr kevin ryan has given us all a new perspective on how to live with and conquer our biggest fear this book is a must read for anyone living with cancer their families and the entire treatment community when tumor is the rumor and cancer is the answer will help each of us to triumph over this experience regardless of the outcome It gen pk carlton jr surgeon general usaf ret a great cancer book should reduce anxiety with authority and comprehensive information helping those confronted marshal their internal resources and conquer their fears does such a book exist you are about to read it maurie markman md facp senior vice president of clinical affairs national director of medical oncology cancer treatment centers of america senior vice president of clinical affairs and national director of medical oncology cancer treatment centers of america former professor and vice president of clinical research and chairman of the department of gynecologic medical oncology md anderson cancer center former chairman of the department of hematology oncology and director of the taussig cancer center at the cleveland clinic foundation former vice chair department of medicine memorial sloan kettering cancer center new york city new york

rev ed of best books for young adults betty carter with sally estes and linda waddle 2nd ed c2000

this book gives you the answers you need to the most common questions about cancer dr plants shares nearly 20 years of oncology experience in a book written specifically for patients and their families dealing with a diagnosis of cancer part i of the little cancer book for patients gives an excellent overview of cancer basics including who are all these doctors what is cancer dna mutations risks and risk factors how cancers spread and cancer staging what tests do i need how to treat it tell me about surgery chemotherapy immunotherapy and radiation therapy where should i get my treatment research trials and second opinions cancer statistics sorting through the data and much more part ii of the little cancer book for patients dedicates a specific chapter to each of the most common types of cancer including brain tumors breast cancer gastrointestinal gi cancer genitourinary gu prostate cancer gynecological female cancer head and neck cancer lung cancer skin cancer and much more you will learn from a cancer expert the right questions to ask your doctor what is cancer and how it spreads the most common medical tests and imaging for cancer what side effects can be expected based on which treatment you choose details that help you

understand how oncologists make treatment decisions and why and when to seek a second opinion or participate in a research trial the little cancer book for patients will answer your questions when you need it most

winner of the pulitzer prize and a documentary from ken burns on pbs this new york times bestseller is an extraordinary achievement the new yorker a magnificent profoundly humane biography of cancer from its first documented appearances thousands of years ago through the epic battles in the twentieth century to cure control and conquer it to a radical new understanding of its essence now includes an excerpt from siddhartha mukherjee s new book song of the cell physician researcher and award winning science writer siddhartha mukherjee examines cancer with a cellular biologist s precision a historian s perspective and a biographer s passion the result is an astonishingly lucid and eloquent chronicle of a disease humans have lived with and perished from for more than five thousand years the story of cancer is a story of human ingenuity resilience and perseverance but also of hubris paternalism and misperception mukherjee recounts centuries of discoveries setbacks victories and deaths told through the eyes of his predecessors and peers training their wits against an infinitely resourceful adversary that just three decades ago was thought to be easily vanquished in an all out war against cancer the book reads like a literary thriller with cancer as the protagonist riveting urgent and surprising the emperor of all maladies provides a fascinating glimpse into the future of cancer treatments it is an illuminating book that provides hope and clarity to those seeking to demystify cancer

if you or someone you love has been diagnosed with cancer you want to do everything possible to beat the disease but with so much conflicting advice and so many options available how do you decide on the best treatment plan for you in this major new book professor jane plant and professor mustafa djamgoz present a clear and scientifically sound 10 step programme to help you beat cancer at a time when you may be feeling helpless and confused this book provides the essential guidance you need to take control of your life and regain your health with targeted advice for specific cancers included in the 10 step plan inform yourself understand what cancer is what causes it and how to avoid carcinogens choosing the right treatment evidence based advice on conventional and complementary therapies including chemotherapy radiotherapy surgery and medication change your lifestyle guidance on diet exercise reducing stress relationships and other lifestyle factors that have a proven link with cancer beat cancer will help you prevent cancer tackle your diagnosis and stay in remission

this comprehensive guide delivers informed hope along with effective tools for reclaiming your vitality in the midst of cancer treatment healing and recovery when you or a loved one is faced with a cancer diagnosis the need for accurate and trusted medical information becomes urgent naturopathic physician lise n alschuler and medical journalist karolyn a gazella present an overview of what cancer is its causes and preventative strategies an in depth approach to integrative treatment options descriptions of key body functions and discussions of more than twenty specific cancers the definitive guide to cancer now in its third edition encourages you to take an integrative approach that embraces both alternative and conventional therapies across the spectrum of cancer prevention treatment and healing

excellent highly recommended for anyone involved in the fight against breast cancer patients doctors family members and researchers included publishers weekly starred review whether you are facing a cancer diagnosis and the challenges of treatment wish to prevent the disease if you re at high risk or are caring for someone going through the experience this book brings you the most accurate reliable and up to date information available you ll discover a story rich in hope with accounts of women who ve successfully confronted this difficult disease the knowledge you ll gain will help you be a more informed patient or caregiver in communicating with doctors and selecting among treatment options in this thorough book the mayo clinic brings you critical knowledge in many key facets of breast cancer prevention what can you do to decrease your risk while there s still no guaranteed way to prevent breast cancer several lifestyle factors can be modified to reduce your risk especially if you are in a high risk category treatment after diagnosis comes a flurry of questions now what how do i deal with this do i have options what s my prognosis the good news is that breast cancer is now considered a highly treatable disease with good results and increasing survival rates the book reviews the full range of treatment options and the pros and cons of each care and coping life goes on after diagnosis doctors share their best options for dealing with emotions coping with treatment side effects and considering complementary therapies a separate chapter offers helpful guidance to the patient s partner living with hope it bears repeating breast cancer is highly treatable you have every reason to live with hope this book offers key support for every woman medically sound an empowering tool that soothes the sting and shock of a cancer diagnosis with up to date information and physician supported advice kirkus reviews

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