

# Mccann Ross Practical Atlas Of Tungs Acupuncture Verlag Mller

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contiene introduction acupuncture a historical review principles of trigger point acupuncture the practical application of trigger point acupuncture

this popular evidence based overview of complementary and alternative medicine cam emphasizes clinical research analyzes the effectiveness of each therapy and presents practical information on how these therapies can be used to treat

health conditions and diseases it not only acquaints the reader with information about cam but provides evidence for the effectiveness of various therapies used to treat medical conditions ranging from allergies to psychiatric conditions in all populations relevant to cam including children women and the elderly summary tables embedded throughout highlight clinical data statistics and major research findings more thorough documentation in this edition is achieved through new tables and added commentary on the quality of studies making research findings more relevant and useful chapters are grouped according to condition and special populations rather than treatment so readers can easily compare all possible treatments for a specific condition up to date tables allow the reader to see what studies have been done for a certain condition and what the findings are extensive references and suggested reading lists refer the reader to the most up to date or historically relevant sources an emphasis on research and clinical studies gives the book a comprehensive focus on cam treatments and results the evidenced based approach clearly details which therapies are most effective and safe up to date tables focusing on critical needs related to demographics safety and areas of clinical pain allow summary information to be quickly referenced comprehensive reliable content presents an unbiased account of cam that allows the reader to follow the data without excessive commentary from the authors a focus on major medical conditions for which there is the most detailed and up to date information available allows the reader to learn about the major critical issues of cam the ways in which research methodology can be used to practice evidence based medicine is reviewed in several chapters a focus on special populations including women children and the elderly presents important cam considerations for these groups a new chapter on legal and ethical issues addresses important professional considerations for practice related to cam including physician liability malpractice issues patient responsibility and accreditation and licensing of cam providers a new chapter on integration of clinical practice and medical training with complimentary and alternative and evidence based medicine evaluating use of the case history approach information and evidence in clinical practice and a model for integration of cam used at the university of arizona school of medicine significant content updates are provided for timely issues such as the use of herbs for depression the use of massage for anxiety cam in pediatric and nursing care situations and multi modal therapies for pain each table throughout the book has been extensively updated with the latest facts and information a final summary chapter at the end of the book presents emerging cam treatments and suggests goals for cam studies much more attention has been paid in this edition to evaluating the quality of research which allows for concrete and valid conclusions that are supported by science appendices have been updated with much more information on research databases listings and organizations

myofascial pain is a term that has been bantered around for many years it is often unclear to people exactly what this means or how to fix it medical doctors physical therapists occupational therapists chiropractors and other practitioners

are starting to acknowledge the importance of myofascial pain syndromes and collaborate to figure out how to treat it health care is becoming more and more competitive with many fads cropping up on a monthly basis many of these have no scientific base and yet in the technological age that we are living in a good marketing strategy can convince you to try anything i have heard hundreds of patients say that they have tried this and that with little or no result other than emptying their wallet this manual is an essential resource for anyone who is interesting in treating pain in their respective practices for the dentist who is struggling to help patients with tmj issues or the physical therapist who feels like massage isn t quite cutting it or for the chiropractor who cant understand why their adjustment isn t holding and the patient is still suffering no one has time in their busy offices to lug out an enormous textbook and start paging through it for 15 minutes while their patient sits there waiting this has been designed as a quick reference text for those practitioners that have a patient presenting with a myofascial pain syndrome and need to quickly recap what muscles can be causing it where those trigger points are how to treat it and what to do post treatment the authors have more than 40 years of combined knowledge and have worked on thousands of patients to bring you the most valuable and concise information that you will need to be successful in dry needling in your practice they have assumed that you have a strong and solid grasp of anatomy and physiology so they have not done a full recap on the basics of these subjects we begin with an overview on the relationship of muscle and trigger points this is a useful review about the functionality integrity and uses of muscles and the trigger points that form and reside in them next we cover the differences between acupuncture and dry needling a brief discussion that will help you answer the question you will encounter many times a day as to what the differences between these two treatment protocols are the palpation chapter is one of the most important chapters in this book as most practitioners are deficient in this skill there are fundamental tools in this chapter that will help you quickly and effectively master palpation the diagnosis and treatment chapter outlines the fundamentals in evaluating and treating patients needling use and technique gives you the foundations on what and where to needle as well as the how this chapter incorporates different needling techniques as well as post treatment protocols it teaches you how to be safe and what contraindications are important to keep in mind when evaluating a patient for dry needling in conclusion this manual is for the practitioner who wishes to deepen their understanding of myofascial pain syndromes and wants to help their patients in a quick and incredibly effective manner this book focuses on the how not the why it is a quick way of referencing pain patterns and finding out how to treat it immediately

explores the ancient system of physiological medicine in china and the system s applications in the field of modern medicine

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a scientific exploration of non medical healing and its ramifications this unusual sophisticated study into psychic and paranormal healing explores what actually occurs during healing the authors probe the secrets of the shaman and medicine man the intuitive healers and the espirita practitioners and interview such noble healers as rolling thunder josef zezulka h g andrade dona pachita and josephina sison this new revised edition contained updates and an entirely new chapter on psychic healing in the laboratory back cover

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